

## **Supplemental Figure Legend**

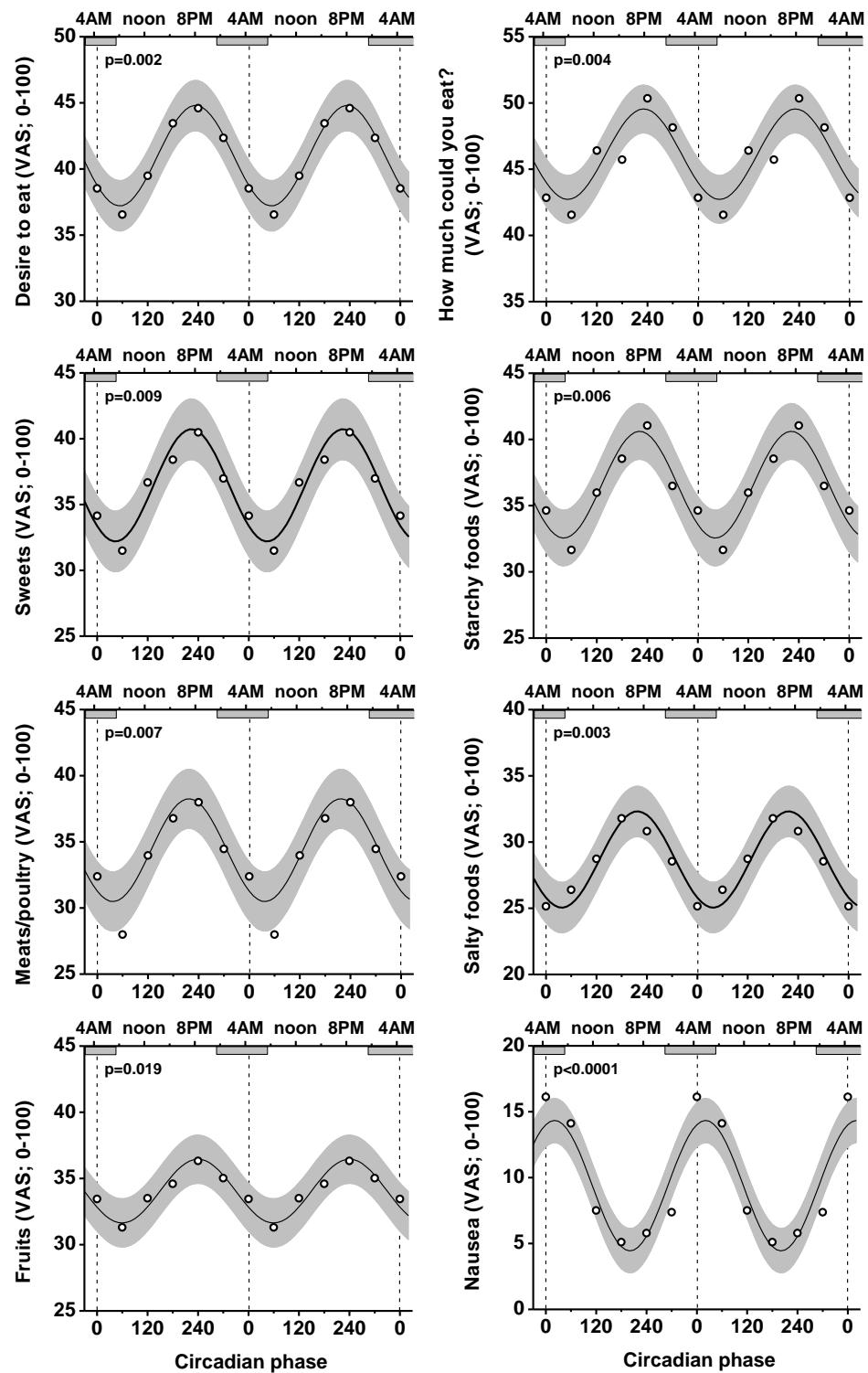
### **Supplemental Figure 1. Endogenous circadian rhythms in appetite.**

Cosinor model is shown as mean (black line)  $\pm$  95% confidence interval (gray area). In addition, averaged data are shown grouped into six 60°(~4 h) bins (open circles). The model and data points are ‘double-plotted’ to better portray circadian rhythmicity. Bottom X-axis, circadian phase; top X-axis, corresponding clocktime; horizontal gray boxes, average habitual scheduled sleep episode; P-value, statistical significance of a circadian rhythm in the various appetite measures.

### **Supplemental Figure 2. No circadian rhythm in consumed kilocalories.**

Averaged data are shown grouped into six 60°(~4 h) bins (open circles). Error bars, SEM. Axes as in Supplemental Figure 1.

## Supplemental Figure 1



## Supplemental Figure 2

